

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<h1>July</h1> <h2>2025</h2>	10 AM- Cardio Drumming 1 11 AM- Craft Corner- Bouquets 1 PM Adult Coloring 2 PM- Tik Tok Training and Tunes with Christy 3 PM Ice Cream Bar 4 PM- Headline News 5 PM- 7 PM Board Game and Cards in the Game Room (3rd floor) National Creative Ice Cream Day	10 AM- Chair Yoga 2 11 AM- Help Desk with Houston 1 PM- Bingo 2:30 PM- Church Service 3 PM- Catholic Communion 4 PM- Craft Corner- Patriot Collage Art 5 PM Mexican Dominoes 7 PM- Bridge Club Made in the US Day	10 AM- Exercises with TCT 3 11 AM- Card Making 1 PM- Get Dirty Garden Club 2:PM- Dance Your Heart Out 3 PM- "Swimsuit Competiton" 4 PM- Craft Corner- Beads and Babes 5 PM -Uno Club 7 PM- Wii Sports Dog Days of Summer	Senior Led Activities 4 10 AM- Coffee and Cards 11 AM- Silver Surfer Walking Club 1 PM- Adult Coloring 2:PM- Dabble in Scrabble 3 PM- Crosswords and Coffee 4 PM- Rummikub 5 PM- Poker Club in the Pub 7 PM- Mexican Dominoes Independence Day (U.S.)	Senior Led Activities 5 10 AM- Senior Stretching 11 AM- Silver Surfer Walking Club 1 PM- Bingo 2:PM- Dabble in Scrabble 3 PM- Crosswords and Coffee 4 PM- Rummikub 5 PM- Poker Club in the Pub 7 PM- Mexican Dominoes Tour De France Starts
		10 AM- Cardio Drumming 8 11 AM- Craft Corner- Tin Can Flowerpots 1 PM Grey and Slay Nail Salon 2 PM- Resident Council 3 PM- Cranium Crunch 4 PM- Headline News 5 PM- 7 PM Board Game and Cards in the Game Room (3rd floor) Cow Appreciation Day	10 AM- Chair Yoga 9 11 AM- Help Desk with Houston 1 PM- Bingo 2:30 PM- Church Service 3 PM- Catholic Communion 3:30 PM- Christmas Cookies in July 5 PM Mexican Dominoes 7 PM- Bridge Club National Sugar Cookie Day	10 AM- Exercises with TCT 10 11 AM- Golden Coral Outing 1 PM- Get Dirty Garden Club 2:PM- Craft Corner- Tropical Island Center Pieces 3 PM- Coladas and Cards 4 PM- Talk and Trivia 5 PM -Uno Club 7 PM- Wii Sports National Pina Colada Day	10 AM- Cardio Drumming 11 11 AM- Badminton 1 PM- Putt and Play 2:PM- Karaoke Chaos 5 PM -Uno Club 6 PM- Wii Sports 7 PM- Poker Club in the Pub National French Fries Day	Senior Led Activities 12 10 AM- Senior Stretching 11 AM- Silver Surfer Walking Club 1 PM- Bingo 2:PM- Dabble in Scrabble 3 PM- Crosswords and Coffee 4 PM- Rummikub 5 PM- Poker Club in the Pub 7 PM- Mexican Dominoes National Pecan Pie Day
Senior Led Activities 13 10 AM- Silver Surfer Walking Club 11 AM-Uno Club 1 PM- Bridge Club 2:PM- Cornhole on the Porch 4 PM- Wii Sports 5 PM- Poker Club in the Pub 7 PM- Matinee National Hero Day	10 AM- Balloon Volleyball 14 11 AM- Travel Club- Make Your Passport 1 PM Bingo 2 PM- Dart League 3 PM Boozy Brushstrokes 4 PM- Dining Trivia 5 PM- 7 PM Board Game and Cards in the Game Room (3rd floor) National Mac and Cheese Day	10 AM- Cardio Drumming 15 11 AM- Craft Corner- Christmas in July Starfish 1 PM Mini Makeovers 2 PM- Tik Tok Training and Tunes with Christy 3 PM- Cranium Crunch 4 PM- Headline News 5 PM- 7 PM Board Game and Cards in the Game Room (3rd floor) National Gummy Worm Day	10 AM- Chair Yoga 16 11 AM- Help Desk with Houston 1 PM- Bingo 2:30 PM- Church Service 3 PM- Catholic Communion 4 PM- CSI Sturbridge 5 PM Mexican Dominoes 7 PM- Bridge Club National Hotdog Day	10 AM- Exercises with TCT 17 11 AM- Card Making 1 PM- Get Dirty Garden Club 2:PM- Craft Corner- TempTattoos 3 PM- 4 PM- Talk and Trivia 5 PM -Uno Club 7 PM- Wii Sports National Tattoo Day	10 AM- Cardio Drumming 18 11 AM- Badminton 1 PM- Whack A Mole 2:PM- Karaoke Chaos 4 PM- History of the UN 5 PM -Uno Club 6 PM- Wii Sports 7 PM- Poker Club in the Pub Nelson Mandela Day	10 AM- Snowdon Racing 19 11 AM- Red School of Music Performing 1 PM- Bingo 2:PM- Dabble in Scrabble 3 PM- Crosswords and Coffee 4 PM- Rummikub 5 PM- Poker Club in the Pub 7 PM- Mexican Dominoesft International Snowdon Race Day
10 AM- Silver Surfer Walking Club 20 11 AM-Name That Tune Live 1 PM- Bridge Club 2:PM- Cornhole on the Porch 4 PM- Wii Sports 5 PM- Poker Club in the Pub 7 PM- Matinee National Fortune Cookie Day	10 AM- Balloon Volleyball 21 11 AM- Travel Club- New Zealand Travel 1 PM Bingo 2 PM- Dart League 3 PM Boozy Brushstrokes 4 PM- Dining Trivia 5 PM- 7 PM Board Game and Cards in the Game Room (3rd floor) National Junk Food Day	10 AM- Cardio Drumming 22 11 AM- Craft Corner- Diamond Art 1 PM- Pied Pipers 2 PM- Tik Tok Training and Tunes with Christy 3 PM- Cranium Crunch 4 PM- Headline News 5 PM- 7 PM Board Game and Cards in the Game Room (3rd floor) Pied Piper Day	10 AM- Chair Yoga 23 11 AM- Help Desk with Houston 1 PM- Bingo 2PM- Mini Makeovers and Makeup 2:30 PM- Church Service 3 PM- Catholic Communion 4 PM- Glam Maam Photo Shoot 5 PM Mexican Dominoes 7 PM- Bridge Club National Gorgeous Grandma Day	10 AM- Exercises with TCT 24 11 AM-- Rusty Bucket Outing 1 PM- Get Dirty Garden Club 2:PM- Tequila Sunrise 3 PM- Indoor Bowling 4 PM- Talk and Trivia 5 PM -Uno Club 7 PM- Wii Sports National Tequila Day	10 AM- Cardio Drumming 25 11 AM- Badminton 1 PM- Hot Fudge Sundae Bar 2:PM- Karaoke Chaos 4 PM- Adult Coloring 5 PM -Uno Club 6 PM- Wii Sports 7 PM- Poker Club in the Pub National Hot Fudge Day	Senior Led Activities 26 10 AM- Senior Stretching 11 AM- Silver Surfer Walking Club 1 PM- Bingo 2:PM- Dabble in Scrabble 3 PM- Crosswords and Coffee 4 PM- Rummikub 5 PM- Poker Club in the Pub 7 PM- John Wayne Matinee National Cowboy Day
Senior Led Activities 27 10 AM- Silver Surfer Walking Club 11 AM-Uno Club 1 PM- Bridge Club 2:PM- Cornhole on the Porch 4 PM- Wii Sports 5 PM- Poker Club in the Pub 7 PM- Matinee National Chicken Finger Day	10 AM- Balloon Volleyball 28 11 AM- Travel Club- New Zealand Travel 1 PM Bingo 2 PM- Dart League 3 PM Boozy Brushstrokes 4 PM- Dining Trivia 5 PM- 7 PM Board Game and Cards in the Game Room (3rd floor) National Milk Chocolate Day	10 AM- Cardio Drumming 29 11 AM- Craft Corner- Wind chimes 1 PM- Gret and Slay Nail Salon 2 PM- Tik Tok Training and Tunes with Christy 3 PM- Cranium Crunch 4 PM- Headline News 5 PM- 7 PM Board Game and Cards in the Game Room (3rd floor) National Lasagna Day	10 AM- Chair Yoga 30 11 AM- Help Desk with Houston 1 PM- Bingo 2:30 PM- Church Service 3 PM- Catholic Communion 4 PM- Crosswords and Coffee 5 PM Mexican Dominoes 7 PM- Bridge Club National Cheesecake Day	10 AM- Exercises with TCT 31 11 AM- Card Making 1 PM- Get Dirty Garden Club 2:PM- Tequila Sunrise 3 PM- Indoor Bowling 4 PM- Talk and Trivia 5 PM -Uno Club 7 PM- Wii Sports National Chili Dog Day		

The Ashford At Sturbridge- Please note that schedule is subject to change