



The Ashford
at Sturbridge
Independent & Assisted Living

3700 Sturbridge Court • Hilliard, OH 43026 • 614-633-4811

June 2025



Happy Birthday

- Richard C 06/08
- Juanita M 06/11
- Diana L 06/12
- Carol B 06/22
- Nancy N 06/28





June 2025

- Exercise
- Craft
- Games

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NATIONAL OLIVE DAY! 1 8:00 Catholic Mass Channel 385 10:00 Exercise - Resident Led 10:00 Coffee And Conversations With Friends 10:30 Televised Church Services 2:00 Movie Matinee - Residents Choice 5:00 Wii Sports 6:00 Uno Club	NATIONAL ROCKY ROAD DAY! 2 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise - Move To The Groove 12:30 Silver Sneakers - Walking club 1:00 BINGO! 2:00 Drum To The Beat Cardio! 3:00 Name That Tune 80's Style! 5:00 Scrabble And Uno 6:00 Mexican Train Dominoes 7:00 Uno Club	NATIONAL EGG DAY! 3 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise - Chair Yoga 1:00 Egg Racing Competition! 2:00 '50s Music Sing Along 3:00 Uno And Scrabble 5:00 Wii Bowling Competition 6:00 Mexican Train Dominoes 7:00 Poker Club	NATIONAL CHEESE DAY! 4 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise - Drumming Cardio 10:30 Bible Study With Jim Knop 1:00 Bingo! 2:30 Church Service 3:00 Catholic Communion 6:00 Mexican Train Dominoes	NATIONAL GINGERBREAD DAY! 5 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:30 Exercise With TCT 12:30 Silver Sneakers - Walking Club 1:00 Community Art Group 6:00 Mexican Train Dominoes 7:00 Poker Club	NATIONAL DONUT DAY! 6 3:00 Wii Sports 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:15 Silver Souls Fitness 1:00 Crafting 2:00 Let's Have Donuts and Tea In The Courtyard! 3:00 Word Find And Word Search 5:00 Uno And Scrabble 6:00 Mexican Train Dominoes 7:00 Poker Club	NATIONAL CHOCOLATE ICE CREAM DAY! 7 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Resident Led Exercise 1:00 RummiKub - 2nd Floor Pub 2:00 Movie Matinee - Residents' Choice 5:00 Wii Sports 6:00 Euchre Club
NATIONAL UPSY DAISY DAY! 8 8:00 Catholic Mass Channel 385 10:00 Exercise - Resident Led 10:00 Coffee And Conversations With Friends 10:30 Televised Church Services 2:00 Movie Matinee - Residents Choice 5:00 Wii Sports 6:00 Uno Club	NATIONAL CELTIC ART DAY! 9 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise - Move To The Groove 12:30 Silver Sneakers - Walking club 1:00 BINGO! 2:00 Drum To The Beat Cardio! 3:00 What Is Celtic Art? 5:00 Board Games 6:00 Mexican Train Dominoes 7:00 Uno Club	NATIONAL ICED TEA! 10 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise - Chair Yoga 1:00 Come enjoy some iced tea with friends on the patio! 2:00 Resident Council 3:00 Sing Along With Susie Q 5:00 Wii Golf 6:00 Mexican Train Dominoes 7:00 Poker Club	NATIONAL GERMAN CHOCOLATE CAKE DAY! 11 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise 10:30 Bible Study With Jim Knop 1:00 Bingo! 2:00 Drum To The Beat Cardio! 3:00 Name That Tune '60s Addition 6:00 Mexican Train Dominoes 7:00 Euchre Club	NATIONAL PEANUT BUTTER COOKIE DAY! 12 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:30 Exercise With TCT 12:30 Silver Sneakers - Walking Club 1:00 Cooking Group 2:00 Name The Commercial Jingle 3:00 Word Scramble 5:00 Puzzles 6:00 Mexican Train Dominoes 7:00 Poker Club	FRIDAY THE 13TH DAY! 13 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:30 Communion 1:00 The History and Origin of Friday The 13th 2:00 Father's Day Buns And Brews! 3:00 Board Games And Puzzles 5:00 Wii Baseball 6:00 Mexican Train Dominoes 7:00 Poker Club	STRAWBERRY SHORTCAKE DAY! 14 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Resident Led Exercise 1:00 RummiKub - 2nd Floor Pub 2:00 Movie Matinee - Residents' Choice 5:00 Wii Sports 6:00 Euchre Club
HAPPY FATHER'S DAY 15 8:00 Catholic Mass Channel 385 10:00 Exercise - Resident Led 10:00 Coffee And Conversations With Friends 10:30 Televised Church Services 2:00 Movie Matinee - Residents Choice 5:00 Wii Sports 6:00 Uno Club	NATIONAL FUDGE DAY! 16 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise - Move To The Groove 12:30 Silver Sneakers - Walking club 1:00 BINGO! 2:00 Let's Have Some Fudge With Friends! 3:00 Drumming Cardio 5:00 Crossword Puzzles 6:00 Mexican Train Dominoes 7:00 Uno Club	NATIONAL APPLE STRUDEL DAY 17 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise - Chair Yoga 1:00 Corn Hole In The Courtyard 2:00 Science With Rochelle! 3:00 Brain Teasers 5:00 Wii Sports 6:00 Mexican Train Dominoes 7:00 Poker Club	NATIONAL PICNIC DAY! 18 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise - Drumming Cardio 10:30 Bible Study With Jim Knop 12:45 Bingo! 2:00 Ennervision - Singers 3:00 Catholic Communion 5:00 Uno And Scrabble 6:00 Mexican Train Dominoes 7:00 Euchre Club	Juneteenth 19 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:30 Exercise With TCT 12:30 Silver Sneakers - Walking Club 1:00 Juneteenth Crafting 2:00 The History Of Juneteenth 3:00 Name That Tune Motown 5:00 Wii Golf 6:00 Mexican Train Dominoes 7:00 Poker Club	NATIONAL ICE CREAM SODA DAY! 20 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:15 Silver Souls Fitness 1:00 Beading - Necklaces 2:00 Ice Cream Sodas on The Patio! 3:00 Board Games And Puzzles 5:00 Card Games 6:00 Mexican Train Dominoes 7:00 Poker Club	NATIONAL WORLD MUSIC DAY! 21 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Resident Led Exercise 1:00 RummiKub - 2nd Floor Pub 2:00 Movie Matinee - Residents' Choice 5:00 Wii Sports 6:00 Euchre Club
NATIONAL ONION RINGS DAY! 22 8:00 Catholic Mass Channel 385 10:00 Exercise - Resident Led 10:00 Coffee And Conversations With Friends 10:30 Televised Church Services 2:00 Movie Matinee - Residents Choice 5:00 Wii Sports 6:00 Uno Club	NATIONAL PORRIDGE DAY! 23 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise - Move To The Groove 12:30 Silver Sneakers - Walking club 1:00 BINGO! 2:00 Drum To The Beat Cardio! 3:00 Have You Ever..? 5:00 Word Find And Word Search 6:00 Mexican Train Dominoes 7:00 Uno Club	NATIONAL UFO DAY! 24 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise - Chair Yoga 1:00 UFOs Where Do They Come From? 2:00 Crafting 3:00 Cold Treats On The Patio 5:00 Wii Bowling Competition 6:00 Mexican Train Dominoes 7:00 Poker Club	DAY OF SEAFARER DAY! 25 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise 10:30 Bible Study With Jim Knop 1:00 Bingo! 2:00 Tie Dye! Bring your White T Shirts! 3:00 Have You Ever..? 5:00 Wii Sports 6:00 Mexican Train Dominoes 7:00 Euchre Club	CHOCOLATE PUDDING DAY! 26 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:30 Exercise With TCT 12:30 Silver Sneakers - Walking Club 1:00 Popcorn Movie Matinee 3:00 Board Games 5:00 Puzzles 6:00 Mexican Train Dominoes 7:00 Poker Club	NATIONAL ICE CREAM CAKE DAY! 27 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:30 Communion 1:00 Happy Birthday Hour! 2:00 '70s Sing A Long 2:00 Board Games And Puzzles 3:00 Uno And Scrabble 5:00 Wii Golf 6:00 Mexican Train Dominoes 7:00 Poker Club	NATIONAL TAPIOCA DAY! 28 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Resident Led Exercise 1:00 RummiKub - 2nd Floor Pub 2:00 Movie Matinee - Residents' Choice 5:00 Wii Sports 6:00 Euchre Club
NATIONAL CAMERA DAY! 29 8:00 Catholic Mass Channel 385 10:00 Exercise - Resident Led 10:00 Coffee And Conversations With Friends 10:30 Televised Church Services 2:00 Movie Matinee - Residents Choice 5:00 Wii Sports 6:00 Uno Club	NATIONAL ASTEROID DAY! 30 8:00 Catholic Mass Channel 385 10:00 Coffee And Conversations With Friends 10:00 Exercise - Move To The Groove 12:30 Silver Sneakers - Walking club 1:00 BINGO! 2:00 Drum To The Beat Cardio! 3:00 What We Need To Know About Asteroids 5:00 Wii Boxing 6:00 Mexican Train Dominoes 7:00 Uno Club					

"This Month In History"

JUNE

1789: James Madison proposes the Bill of Rights, leading to the Constitution's first 10 amendments.

1865: Union General Granger reaches Galveston, Texas, one of the last holdouts of slavery, and enforces the Emancipation Proclamation for enslaved people there.

1919: The Treaty of Versailles is signed in France, signaling the official end of World War I.

1947: Pilot Kenneth Arnold reports flashes of light and nine incredibly speedy "saucer-like" UFOs whizzing over Mount Rainier, Wash., leading to the common term "flying saucers."

1956: President Eisenhower signs a bill funding interstate highway building, making it the largest American public works program.

1960: Alfred Hitchcock's infamous "Psycho" hits movie theaters and makes moviegoers fear showers for generations to come.

1975: Broadway hit "Chicago" premieres, going on to earn 10 nominations at the 1976 Tony Awards. The 2002 film won six Academy Awards, including Best Picture.

1978: Garfield, Jim Davis' classic comic feline, makes his national debut.

1980: CNN, the first 24-hour news service, starts airing June 1.

1997: J.K. Rowling publishes the first book in her bestselling series "Harry Potter."

2002: "American Idol" premieres on Fox, featuring first winner Kelly Clarkson.

Word Search

Category: Flowers

I (R E W O L F N U S) T N L R E H T A E H J G S P A O P E T A L T Y A I O I O R C R O C U S R R P N S A S D N E L S D O P N D S F E F L I O E L Y E T A W A N E P E N F R R D E N S E I A N I R E E U R U D A L V D A I D P B O O Q E N U R C E O M A A N S U L N S T A N E T S I N E O I U F R I E N S D A S S B O A S F O R C H I D J Y N L W J	1. Sunflower	8. _____	15. _____
	2. _____	9. _____	16. _____
	3. _____	10. _____	17. _____
	4. _____	11. _____	18. _____
	5. _____	12. _____	19. _____
	6. _____	13. _____	20. _____
	7. _____	14. _____	21. _____
	15. Petal	16. Poppy	17. Rose
	18. Seed	19. Sunflower	20. Tulip
	21. Vines	8. Gardenia	9. Heather
	10. Jasmine	11. Leaf	
	12. Orchid	13. Pansy	
	14. Perennial	7. Florist	
		6. Dandelion	
		5. Daisy	
		4. Crocus	
		3. Bud	
		2. Bouquet	
		1. Annual	

Word Search Solution: