



# The Ashford

— at Sturbridge —  
*Independent & Assisted Living*

3700 Sturbridge Court • Hilliard, OH 43026 • 614-633-4811

April 2025

## Happy Birthday



4/4 Aleta Mc.  
4/4 Mary M.  
4/8 Irma B.  
4/11 Carl W.  
4/13 Beverly H.  
4/28 Karen M.

### Remember When: The Milkman

Getting fresh milk and dairy products didn't always require a trip to the store. Up until the 1960s, the neighborhood milkman might have delivered glass bottles of milk and other dairy staples to homes several times a week. Neatly outfitted in white uniforms, milkmen became like friends of the family. The convenient service had all but disappeared by the 1970s, but the concept has seen a small revival in the past decade.







April 2025

- 👉 Exercise
- 🎨 Craft
- 🎵 Entertainer
- 💰 Funds Needed
- 🎲 Games

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Chair Yoga👉👈 <b>11:00 Lunch Bunch - Red Robin \$\$</b> 2:00 Sing Along With Susie Q 3:00 Board Games and Puzzle 5:00 Wii Golf 6:00 Mexican Train Dominoes 7:00 Poker Club	2 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise 👉👈 10:30 Bible Study With Jim Knop 12:30 Walking Club <b>1:00 Bingo!</b> 2:00 Grievance Committee 3:00 Name That Tune Jeopardy 5:00 Puzzles 6:00 Mexican Train Dominoes 7:00 Euchre club	3 <b>National Find a Rainbow Day</b> 10:00 Coffee And Conversations - Front Lobby 10:30 Exercise With TCT👉👈 12:30 Walking Club <b>1:00 Community Art Group🎨</b> 2:00 Healthy Habits: Sleep 3:00 '60s Music Sing Along 5:00 Wii Bowling 6:00 Mexican Train Dominoes 7:00 Poker Club	4 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Sit And Be Fit 10:30 Communion 12:30 Walking Club 1:00 Beading 2:00 Healthy Habits: Hydration 3:00 Card Games 5:00 Wii Boxing Practice 6:00 Mexican Train Dominoes 7:00 Poker Club	5 10:00 Coffee And Conversations - Front Lobby 2:15 RummiKub - 2nd Floor Pub 2:30 Movie Matinee - Residents' Choice 5:00 Wii Golf 6:00 Euchre Club
6 10:00 Exercise - Resident Led 10:00 Coffee And Conversations - Front Lobby 10:30 Televised Church Services <b>2:00 Wade Jones🎵</b> 3:00 Puzzles 5:00 Wii Baseball 6:00 Uno Club	7 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Sit And Be Fit 12:30 Walking Club <b>1:00 BINGO!🎲</b> 2:00 Drumming Cardio 3:00 Finish The Lyrics 5:00 Word Search and Crossword Puzzles 6:00 Mexican Train Dominoes 7:00 Uno Club	8 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Chair Yoga👉👈 1:00 Crafting <b>2:00 Resident Council</b> 3:00 Gentle Chair Yoga 5:00 Board Games and Puzzles 6:00 Mexican Train Dominoes 7:00 Uno Club	9 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Drumming Cardio 10:30 Bible Study With Jim Knop <b>1:00 Bingo!</b> 2:30 Church Service 3:00 Catholic Communion 3:30 Fact Or Fib 5:00 Uno And Scrabble 6:00 Mexican Train Dominoes 7:00 Euchre club	10 10:00 Coffee And Conversations - Front Lobby 10:30 Exercise With TCT👉👈 12:30 Walking Club 1:00 Gem Art 2:00 Welcome Committee Meeting 3:00 Two Minute Mysteries 5:00 Wii Bowling 6:00 Mexican Train Dominoes 7:00 Poker Club	11 10:00 Coffee And Conversations - Front Lobby 10:15 Silver Souls Fitness👉👈 12:30 Walking Club <b>2:00 Happy Hour!</b> <b>2:00 Johnny Steiner - Singer🎵</b> 3:00 Word Search and Crossword Puzzles 5:00 Wii Golf 6:00 Mexican Train Dominoes 7:00 Euchre club	12 10:00 Coffee And Conversations - Front Lobby <b>1:00 Bingo!🎲</b> 2:15 RummiKub - 2nd Floor Pub 3:00 Word Search and Crossword Puzzles 5:00 Wii Bowling 6:00 Euchre Club
13 10:00 Exercise - Resident Led 10:00 Coffee And Conversations - Front Lobby 10:30 Televised Church Services 1:00 Board Games and Puzzles 3:00 Card Games 5:00 Wii Golf 6:00 Uno Club	14 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Sit And Be Fit 12:30 Walking Club <b>1:00 BINGO!🎲</b> 2:00 Crafting 3:00 Two Minute Mysteries 5:00 Board Games and Puzzles 6:00 Mexican Train Dominoes 7:00 Uno Club	15 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Chair Yoga👉👈 1:00 Bowling <b>2:00 John LaFollette - Singer🎵</b> 3:00 Short Stories 5:00 Wii Sports Practice 6:00 Mexican Train Dominoes 6:00 Poker Club	16 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise 👉👈 10:30 Bible Study With Jim Knop <b>1:00 Bingo!</b> 2:00 Exercise - Sit And Be Fit 3:00 Would You Rather...? 5:00 Wii Bowling Competition 6:00 Mexican Train Dominoes 6:00 Poker Club	17 10:00 Coffee And Conversations - Front Lobby 10:30 Exercise With TCT👉👈 12:30 Walking Club 1:00 Easter Egg Hunt 2:00 The History of Easter 3:00 Fun Facts 5:00 Uno And Scrabble 6:00 Mexican Train Dominoes 7:00 Poker Club	18 <b>National Animal Cracker Day!</b> 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Sit And Be Fit 10:30 Communion 12:30 Walking Club 1:00 Come Enjoy Some Animal Crackers With Us! 2:00 The History Of Animal Crackers 3:00 Fun Fact Friday 5:00 Card Games 6:00 Mexican Train Dominoes 7:00 Poker Club	19 10:00 Coffee And Conversations - Front Lobby 2:15 RummiKub - 2nd Floor Pub 2:30 Movie Matinee - Residents' Choice 5:00 Board Games 6:00 Euchre Club
20 <b>Happy Easter!</b> 10:00 Exercise - Resident Led 10:00 Coffee And Conversations - Front Lobby 10:30 Televised Church Services 1:00 Movie Matinee - The Greatest Story Ever Told 5:00 Word Search and Crossword Puzzles 6:00 Uno Club	21 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Sit And Be Fit 12:30 Walking Club <b>1:00 BINGO!🎲</b> 2:00 Drumming Cardio 3:00 Newsworthy News 5:00 Board Games and Puzzles 6:00 Mexican Train Dominoes 7:00 Uno Club	22 <b>National Earth Day!</b> 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Chair Yoga👉👈 1:00 Courtyard Flower Planting 2:00 The History of Earth Day 3:00 Wacky Wordies 5:00 Word Search and Crossword Puzzles 6:00 Mexican Train Dominoes 7:00 Poker Club	23 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Drumming Cardio 10:30 Bible Study With Jim Knop <b>1:00 Bingo!</b> 2:30 Church Service 3:00 Catholic Communion 3:30 Fact Or Fib 5:00 Wii Golf 6:00 Mexican Train Dominoes 7:00 Uno Club	24 <b>National Pigs in A Blanket Day!</b> 10:00 Coffee And Conversations - Front Lobby 10:30 Exercise With TCT👉👈 12:30 Walking Club 1:00 Cooking Group 2:00 Strength and Stretch 3:00 Did You Know..? 5:00 Uno And Scrabble 6:00 Mexican Train Dominoes 7:00 Poker Club	25 10:00 Coffee And Conversations - Front Lobby 10:15 Silver Souls Fitness👉👈 12:30 Walking Club 1:00 Beading <b>2:00 Happy Birthday Hour!</b> 3:00 Crossword Puzzles 5:00 WII Bowling 6:00 Mexican Train Dominoes 7:00 Poker Club	26 10:00 Coffee And Conversations - Front Lobby 10:00 Resident Led Exercise <b>1:00 Bingo!</b> 2:00 Board Games and Puzzle 2:15 RummiKub - 2nd Floor Pub 5:00 Wii Golf Practice 6:00 Euchre Club
27 10:00 Exercise - Resident Led 10:00 Coffee And Conversations - Front Lobby 10:30 Televised Church Services 1:00 Word Search Mania! 2:00 Movie Matinee - Residents' Choice 3:00 Puzzles 6:00 Uno Club	28 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Sit And Be Fit 12:30 Walking Club <b>1:00 BINGO!🎲</b> 2:00 Gentle Chair Yoga 3:00 Uno And Scrabble 5:00 Board Games and Puzzles 6:00 Mexican Train Dominoes 7:00 Uno Club	29 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise - Chair Yoga👉👈 10:30 Newsworthy News 12:30 Walking Club 1:00 Finish The Lyrics 2:00 Science With Rochelle 3:00 '60s Music Sing Along 5:00 Word Search and Crossword Puzzles 6:00 Mexican Train Dominoes 7:00 Uno Club	30 <b>National Oatmeal Cookie Day!</b> 10:00 Coffee And Conversations - Front Lobby 10:00 Exercise 👉👈 10:30 Bible Study With Jim Knop <b>12:45 Bingo!</b> <b>2:00 Kevin Sutton - Singer🎵</b> 3:00 Did You Know..? 5:00 Board Games and Puzzles 6:00 Mexican Train Dominoes 7:00 Euchre club			

# Word Search

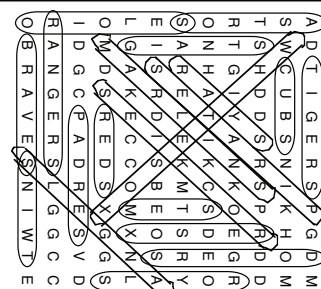
## Category: Major League Baseball Teams

A D T I G E R S P G D M  
S W C U B S N I K H O M  
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O M D S R E D S X G G S  
I D G C P A D R E S V D  
R A N G E R S L G G C C  
O B R A V E S N I W T E

1. Dodgers
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### Word Search Solution:

1. Angels
2. Astros
3. Braves
4. Cubs
5. Dodgers
6. Giants
7. Marlins
8. Mets
9. Orioles
10. Padres
11. Pirates
12. Rangers
13. Rays
14. Reds
15. Red Sox
16. Rockies
17. Royals
18. Tigers
19. Twins
20. White Sox



## "This Month In History"

### APRIL

**1934:** At 231 mph, the strongest wind ever recorded in the U.S. blows over Mount Washington, N.H. The record is commemorated every April 12, Big Wind Day.

**1952:** Mr. Potato Head becomes the first toy advertised on television. Its commercials were specifically aimed at children, rather than adults.

**1968:** Martin Luther King Jr. delivers his "I've Been to the Mountaintop" speech in Memphis, Tenn.

**1970:** Earth Day is celebrated for the first time. Today, more than 1 billion people in nearly 200 countries take part in the observance.

**1991:** Billed as "The Battle of the Ages," 28-year-old Evander Holyfield beats 42-year-old George Foreman in a boxing match in Atlantic City, N.J., defending his heavyweight champion title.

**2001:** As the first paying space tourist, American businessman Dennis Tito reportedly spends \$20 million to ride along on a Russian mission to the International Space Station.

**2018:** Online streaming music services overtake the sales of CDs and vinyl albums for the first time.